

SCIENTIFIC
AMERICAN
Space & Physics

ISSUE
No.2
June-July
2018

Here Come the Waves

GRAVITATIONAL-WAVE
ASTRONOMY HAS MADE
SOME STAGGERING
DISCOVERIES—BUT EVEN
MORE ARE ON THE WAY

Plus:
THE
SEARCH
FOR
PLANET
NINE

A GALAXY
WITHOUT
DARK MATTER

SAYING GOODBYE TO
STEPHEN HAWKING

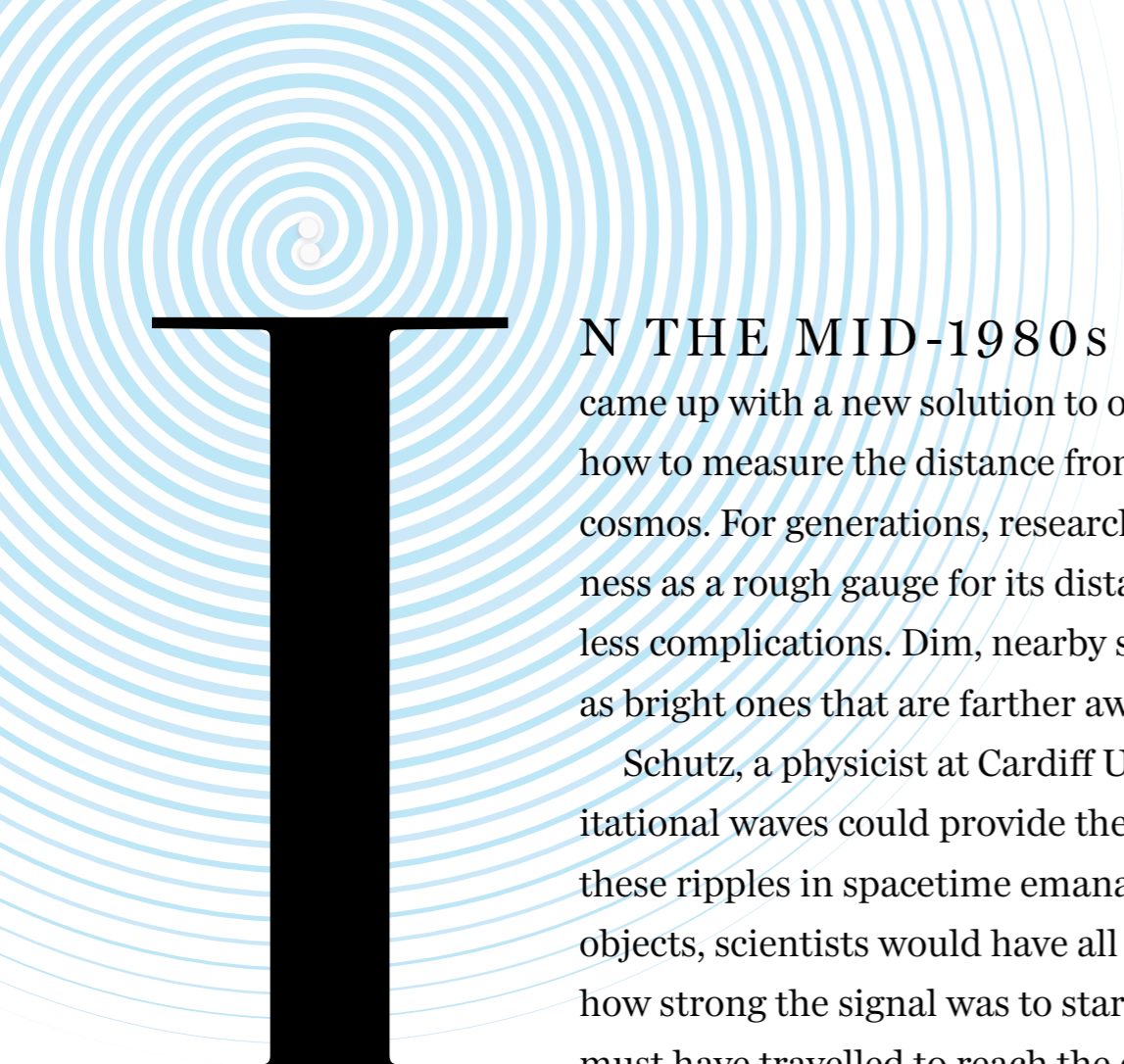
WITH COVERAGE FROM
nature



After a clutch
of historic detections,
gravitational-wave
researchers have set
their sights on
some ambitious
scientific quarry

Here Come the Waves

Daive Castelvecchi is a senior reporter at *Nature* in London covering physics, astronomy, mathematics and computer science.



IN THE MID-1980s BERNARD SCHUTZ came up with a new solution to one of astronomy's oldest problems: how to measure the distance from the earth to other objects in the cosmos. For generations, researchers have relied on an object's brightness as a rough gauge for its distance. But this approach carries endless complications. Dim, nearby stars, for example, can masquerade as bright ones that are farther away.

Schutz, a physicist at Cardiff University in Wales, realized that gravitational waves could provide the answer. If detectors could measure these ripples in spacetime emanating from interacting pairs of distant objects, scientists would have all the information needed to calculate how strong the signal was to start with—and so how far the waves must have travelled to reach the earth. Thus, he predicted, gravita-

tional waves could be unambiguous markers of how quickly the universe is expanding.

His idea was elegant but impractical: nobody at the time could detect gravitational waves. But last August Schutz finally got the opportunity to test this concept when the reverberations of a 130-million-year-old merger between two neutron stars passed through gravitational-wave detectors on the earth. As luck would have it, the event occurred in a relatively nearby galaxy, producing a much cleaner first measure than Schutz had dreamed. With that one data point, Schutz was able to show that his technique could become one of the most reliable for measuring distance. "It was hard to believe," Schutz says. "But there it was."

More mergers like that one could help researchers to resolve an ongoing debate over how fast the universe currently is expanding. But cosmology is just one discipline that could make big gains through detections of gravitational waves in the coming years. With a handful of dis-

coveries already under their belts, gravitational-wave scientists have a long list of what they expect more data to bring, including insight into the origins of the universe's black holes; clues about the extreme conditions inside neutron stars; a chronicle of how the universe structured

itself into galaxies; and the most stringent tests yet of Albert Einstein's general theory of relativity. Gravitational waves might even provide a window into what happened in the first few moments after the big bang.

Researchers will soon start working down this list with the help of the U.S.-based Laser Interferometer Gravitational-Wave Observatory (LIGO), the Virgo observatory near Pisa, Italy, and a similar detector in Japan that could begin making observations next year. They will get an extra boost from space-based interferometers and from terrestrial ones that are still on the drawing board—as well as from other methods that could soon start producing their own first detections of gravitational waves.

Like many scientists, Schutz hopes that the best discoveries will be ones that no theorist has even dreamed of. "Any time you start observing something so radically new, there's always the possibility of seeing things you didn't expect."

SPINNING CLUES

FOR A FIELD OF RESEARCH that is not yet three years old, gravitational-wave astronomy has delivered discoveries at a staggering rate, outpacing even the rosier expectations. In addition to the discovery in August of the neutron-star merger, LIGO has recorded five pairs of black holes coalescing into larger ones since 2015 (see 'Making Waves'). The discoveries are the most direct proof yet that black holes truly exist and have the properties predicted by general relativity. They have also revealed, for the first time, pairs of black holes orbiting each other.

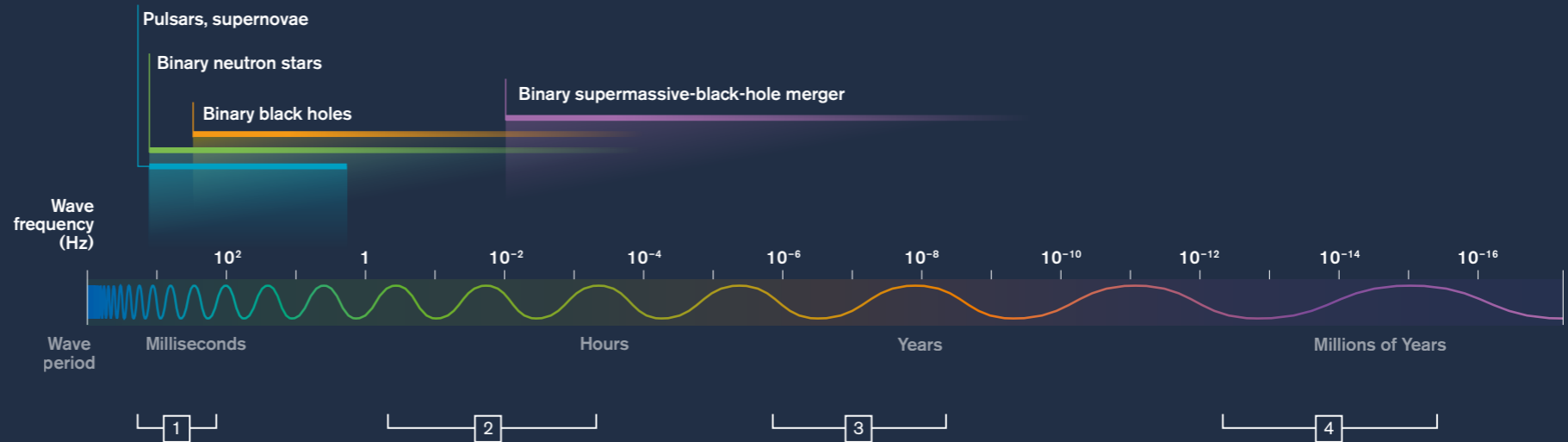
Researchers now hope to find out how such pairings came to be. The individual black holes in each pair should form when massive stars run out of fuel in their cores and collapse, unleashing a supernova explosion and leaving behind a black hole with a mass ranging from a few to a few dozen suns.

There are two leading scenarios for how such black

THE GRAVITATIONAL-WAVE SPECTRUM

Much like electromagnetic waves, gravitational waves are emitted by many different objects over a wide range of frequencies. Terrestrial interferometers such as the Laser Interferometer Gravitational-Wave Observatory (LIGO) and Virgo are sensitive to only a subset of those frequencies, which limits their ability to “see” certain cosmic phenomena. They won’t detect collisions of supermassive black holes found in the hearts of galaxies, for example. But space-based interferometers and other approaches for picking up gravitational waves could extend physicists’ reach.

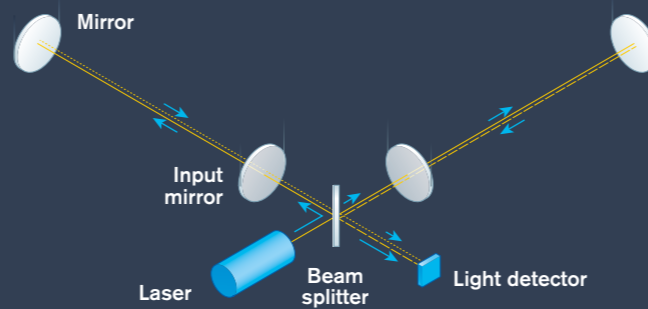
SOURCES



DETECTORS

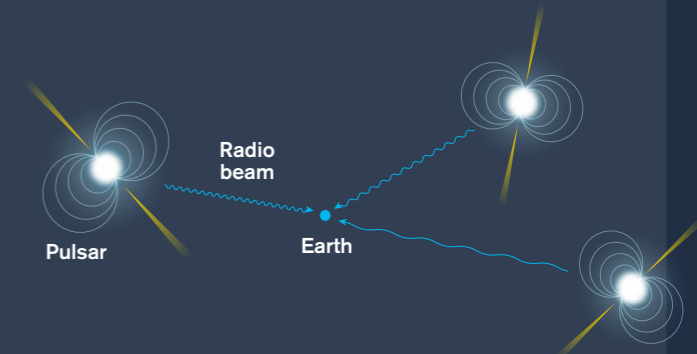
1 GROUND-BASED INTERFEROMETER 400 Hz - 30 Hz

Current observatories such as LIGO can detect waves that are longer than the detectors’ lengths (3–4 kilometres), corresponding to periods of a few hundredths to a few thousandths of a second.



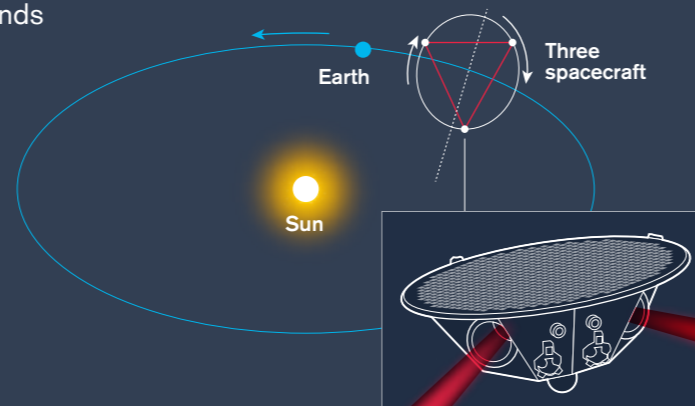
3 PULSAR TIMING 320 nanoHz - 1 nanoHz

Gravitational waves from distant galaxies perturb the distance between the earth and stars in the Milky Way. Researchers hope to detect waves of periods lasting years, by examining delays in the radio signals from spinning neutron stars known as pulsars.



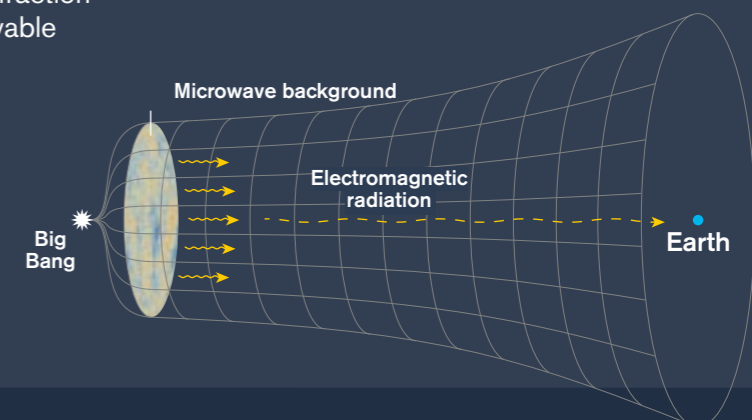
2 SPACE-BASED INTERFEROMETER 100 milliHz - 0.1 milliHz

LISA, the trio of probes slated to fly in the 2030s, will have virtual arms millions of kilometres long, which will make it sensitive to waves with periods of tens of seconds to a few hours.



4 CMB MEASUREMENT ~10^-13 - 10^-16 Hz

The universe’s oldest measurable radiation (the cosmic microwave background, or CMB) could carry evidence of gravitational waves from the big bang. Those waves would not be detectable more directly; by now, they would stretch across a significant fraction of the observable universe.



holes could come to circle each other. They might start as massive stars in each other's orbit and stay together even after each goes supernova. Alternatively, the black holes might form independently but be driven together later by frequent gravitational interactions with other objects—something that could happen in the centres of dense star clusters.

Either way, the objects' energy gradually disperses in the form of gravitational waves, a process that pulls the pair into an ever tighter and faster spiral, eventually fusing into one more massive black hole. Ilya Mandel, a LIGO theorist at the University of Birmingham in England, says that for LIGO and Virgo to see such pairs merge, typical black holes need to have started their mutual orbit separated by a distance of less than one quarter that between the earth and the sun. "If you start out with the two black holes any farther apart, it will take longer than the age of the universe" for them to merge, Mandel says.

The five black-hole mergers discovered so far are not sufficient to determine which formation scenario dominates. But in an August analysis of the first three detections, a group including Mandel and Will M. Farr, a theoretical astrophysicist and LIGO member at the University of Birmingham, suggested that just 10 more observations could provide substantial evidence in favour of one scenario or the other. This would involve scrutinizing the gravitational waves for clues about how black holes rotate: those that pair up after forming independently should have randomly oriented spins, whereas those with a common origin should have spin axes that are parallel to each other and roughly perpendicular to the plane in which they orbit.

Further observations could also provide insight into some of the fundamental questions about black-hole formation and stellar evolution. Collecting many measurements of masses should reveal gaps—ranges in which

few or no black holes exist, says Vicky Kalogera, a LIGO astrophysicist at Northwestern University in Evanston, Illinois. In particular, "there should be a paucity of black holes at the low-mass end," she says, because relatively small supernovae tend to leave behind neutron stars, not black holes, as remnants. And at the high end—around 50 times the mass of the sun—researchers expect to see another cutoff. In very large stars, pressures at the core are thought eventually to produce antimatter, causing an explosion so violent that the star simply disintegrates without leaving any remnants at all. These events, called pair-instability supernovae, have been theorized, but so far there has been scant observational evidence to back them up.

Eventually, the black-hole detections will delineate a map of the universe in the way galaxy surveys currently do, says Rainer Weiss, a physicist at the Massachusetts Institute of Technology in Cambridge who was the principal designer of LIGO. Once the numbers pile up, "we can actually begin to see the whole universe in black holes," he says. "Every piece of astrophysics will get something out of that."

TO RAMP UP THESE OBSERVATIONS, LIGO and Virgo have plans to improve their sensitivity, which will reveal not only more events but also more details about each merger. Among other things, physicists are eager to see the detailed "ringdown" waves that a post-merger black hole emanates as it settles into a spherical shape—an observation that could potentially reveal cracks in the general theory of relativity.

Having more observatories spread around the globe will also be crucial. KAGRA, a detector under construction deep underground in Japan, might start gathering data by late 2019. Its location—and in particular its ori-

entation with respect to incoming waves—will complement LIGO's and Virgo's, and enable researchers to nail down the polarization of the gravitational waves, which encodes information about the orientation of the orbital plane and the spin of the spiralling objects. And India is planning to build another observatory in the next decade, made in part with spare components from LIGO.

An even bigger trove of discoveries could come from observing neutron-star mergers. So far, researchers have announced only one such detection, called GW170817. That signal, seen last August, was almost certainly the most intensely studied event in astronomy's history. And it solved a number of long-standing mysteries in one stroke, including the origin of gold and other heavy elements in the universe, as well as the cause of some gamma-ray bursts.

Further observations could allow scientists to explore the interiors of these objects. Neutron stars are thought to be as dense as matter can possibly be without collapsing into a black hole, but exactly how dense is anybody's guess. No laboratory experiment can study those conditions, and there are dozens of proposals for what happens there. Some theories predict that quarks—the subatomic components that make up protons and neutrons—should break free from each other and roam about, perhaps in superconducting, superfluid states. Others posit that heavier "strange" quarks form and become part of exotic cousins of the neutron.

Pinning down the radii of neutron stars might allow physicists to evaluate the theories, because they predict different "equations of state"—formulae that link pressure, temperature and density of matter. Such equations determine to what extent matter can be compressed, and so how wide or narrow a neutron star will be for a given mass and how massive such stars can get.

The 100-second-long signal in August eventually became too high in pitch for LIGO and Virgo to detect,

which prevented the observatories from seeing the two neutron stars' final moments, when they should have deformed each other in ways that would have revealed their size and hardness, or resistance to compression. Still, says Bangalore S. Sathyaprakash, a LIGO theoretical physicist at the Pennsylvania State University in University Park, from that one event, "we can rule out equations of state that allow neutron-star sizes larger than 15 kilometres in radius"—a figure that is consistent with other measurements and favours "softer" matter.

Future detections—and detectors—will give much more detail. Sathyaprakash says that the Einstein Telescope, a possible next-generation observatory dreamed up by a team in Europe, could take physicists far beyond an upper limit. "We want to be able to pin down the radius to the level of 100 metres," he says—a precision that would be astounding, given that these objects are millions of light years away.

SIREN CALLS

SIGNALS SIMILAR TO GW170817, which was observed through both gravitational waves and light, could have dramatic implications for cosmology. Schutz calculated in 1985 that the frequency, or pitch, of waves from spiraling objects, together with the rate at which that pitch increases, reveals information about the objects' collective mass. That determines how strong their waves should be at the source. By measuring the strength of the waves that reach the earth—the amplitude of the signal actually picked up by interferometers—one can then estimate the distance that the waves have travelled from the source. All other things being equal, a source that is twice as far, for example, will produce a signal half as strong. This type of signal has been dubbed a standard siren, in a nod to a common method of gauging distances in cosmology: stars called standard candles have a well-known brightness, which allows researchers to

work out their distance from the earth.

By coupling the distance measurement of GW170817 with an estimate of how fast the galaxies in that region are receding from the earth, Schutz and his collaborators made a new and completely independent estimate of the Hubble constant—the universe's current rate of expansion. The result, part of [a crop of papers](#) released by LIGO, Virgo and some 70 other astronomy teams on 16 October, "ushers in a new era for both cosmology and astrophysics," says Wendy L. Freedman, an astronomer at the University of Chicago in Illinois who has made highly precise measurements of the Hubble constant using time honoured but less-direct techniques.

As a direct and independent measure of this constant, standard sirens could help to resolve a disagreement among cosmologists. State-of-the-art techniques, refined over nearly a century of work that started with Edwin Hubble himself, now give estimates that differ by a few per cent. This first standard-siren measurement does not resolve the tension: the expansion rate it predicts falls somewhere in the middle of the range and, because

mission, plans to launch in the 2030s. LISA is designed to be sensitive to low-frequency waves that ground-based observatories cannot detect. This would give it access to more massive systems, which radiate stronger gravitational waves. In principle, LISA could pick up sirens from across the universe and, with the help of conventional telescopes, measure not just the current rate of cosmic expansion but also how that rate has evolved through the aeons. Thus, LISA could help to address cosmology's biggest puzzle: the nature of dark energy, the as-yet-unidentified cosmic component that is driving the universe's expansion to accelerate.

Whereas ground-based interferometers detect events that are brief and far between, LISA is expected to hear a cacophony of signals as soon as it turns on, including a constant chorus of tight binary white dwarfs—the ubiquitous remnants of sun-sized stars—in our own galaxy. "It's as if we lived in a noisy forest and we had to single out the sounds of individual birds," says astrophysicist Monica Colpi of the University of Milan-Bicocca in Italy, who is part of a committee setting the mission's science goals.

"It's as if we lived in a noisy forest and we had to single out the sounds of individual birds." —Monica Colpi

it is based on just one merger event, has a large error bar. But in the future, researchers expect standard sirens to nail down the Hubble constant with an error of less than 1 percent. So far, standard candles have done it with precisions of 2–3 percent.

Standard sirens could become even more powerful tools with space-based interferometers such as the Laser Interferometer Space Antenna (LISA), a trio of probes that the European Space Agency, which is leading the

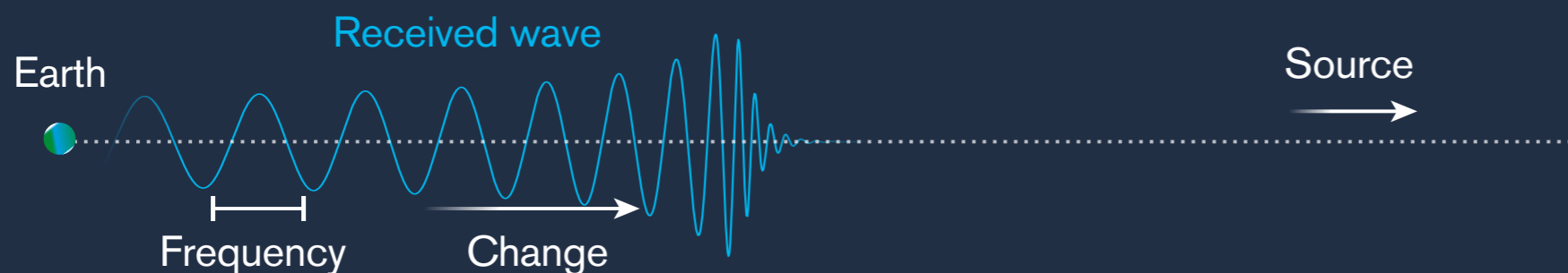
Occasionally, LISA should see black-hole mergers such as the ones LIGO does, but on a much grander scale. Most galaxies are thought to harbour a central super-massive black hole that weighs millions or even billions of solar masses. Over a scale of billions of years, galaxies might merge several times; eventually their central black holes might merge, too. These events are not frequent for individual galaxies, but because there are trillions of galaxies in the observable universe, a detectable

MAKING WAVES

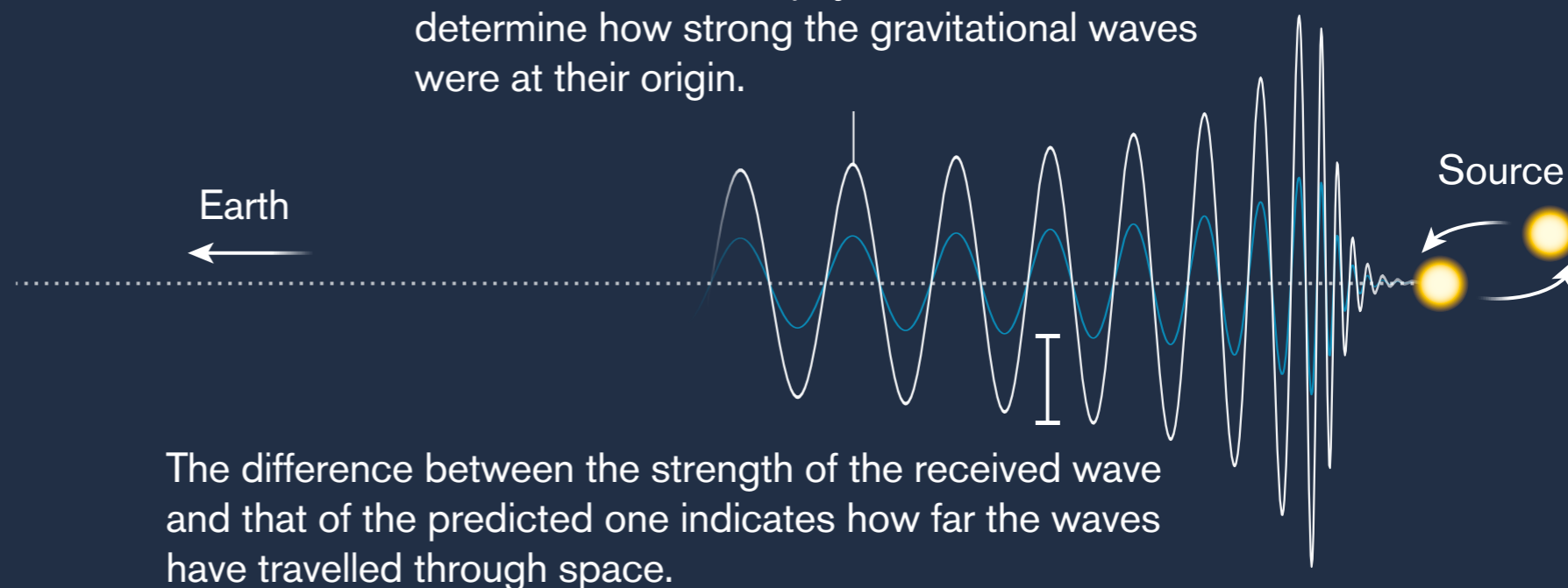
When two black holes or neutron stars spiral into each other, they produce distinctive ripples in spacetime called gravitational waves. Teams with LIGO's two detectors in the U.S. and with Virgo, the observatory's counterpart in Italy, have announced the detection of six events so far.

DECIPHERING A WAVE

When a signal is received, the frequency and rate of frequency change provide information about the masses of the objects in the binary source.



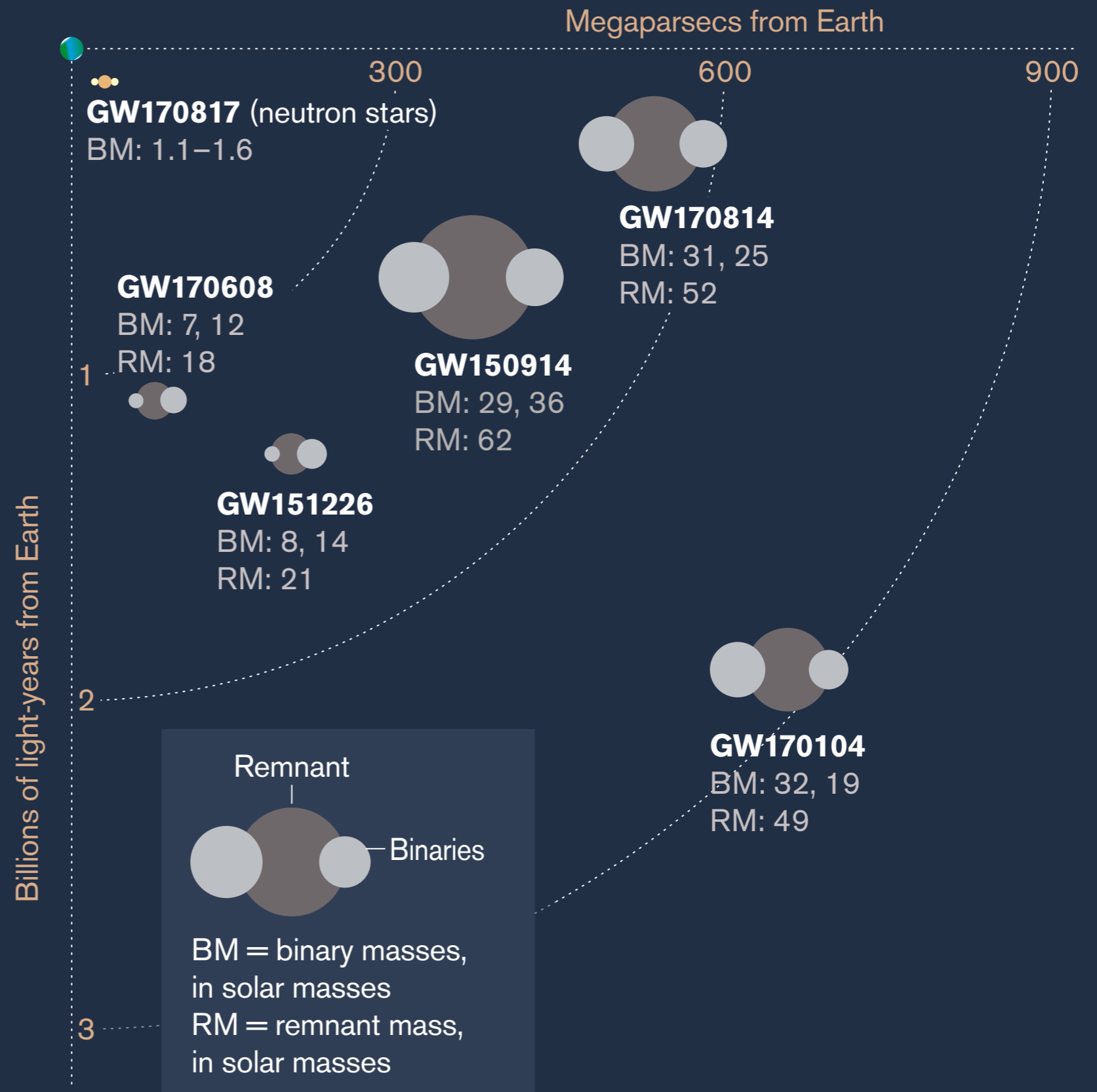
With this information, physicists can then determine how strong the gravitational waves were at their origin.



The difference between the strength of the received wave and that of the predicted one indicates how far the waves have travelled through space.

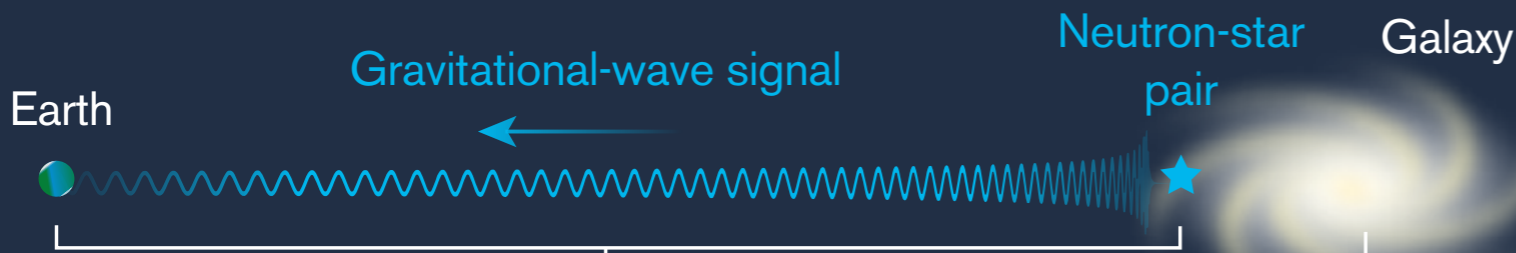
ALREADY DETECTED BY LIGO AND VIRGO

Here are the binary mergers that the observatories have picked up so far. Each discovery was named with the date it was detected.



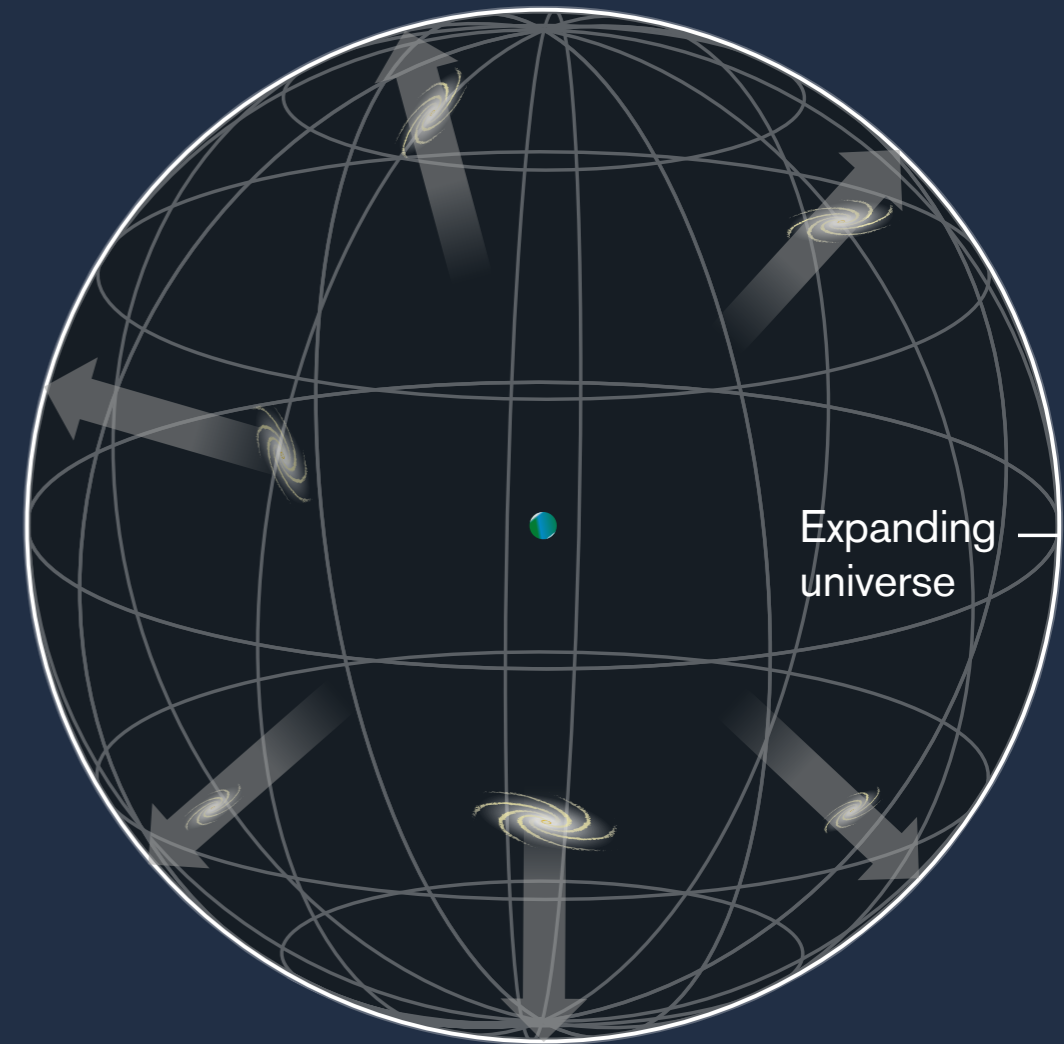
COSMIC SIGNPOSTS

Neutron-star mergers are new tools for measuring the Hubble constant—the current expansion rate of the universe.



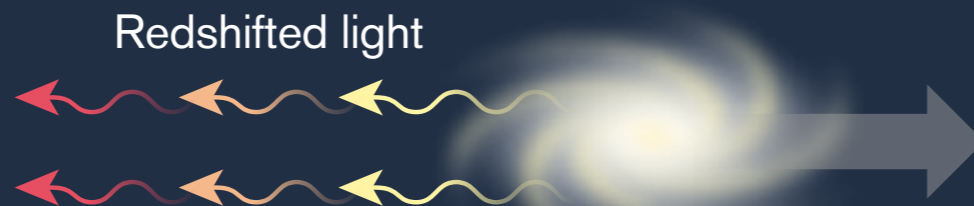
The gravitational-wave signal can be used to gauge the distance from the earth to the former neutron-star pair.

Because the merger event also releases light, conventional telescopes can be used to help pinpoint where it happened.



Expanding universe

Then, standard astronomical techniques can be used to measure how fast the galaxy and those around it are speeding away from the earth.



The velocity and distance data—ideally from many such mergers—can be combined to calculate the Hubble constant, which relates distance and speed (galaxies twice as distant recede twice as fast).

merger should occur somewhere at least a few times per year. Scientists are also pursuing a separate way of detecting gravitational waves from pairs of these behemoths at earlier stages of their orbits. Using radio telescopes, they monitor pulsars inside the Milky Way and look for small variations in their signals caused by the passage of gravitational waves through the galaxy. Today there are three pulsar-timing arrays, in Australia, Europe and North America, and a fourth forming in China.

Thanks to LISA's planned sensitivity and the strong signals produced by spiralling supermassive black holes, the observatory should be able to pick up gravitational

tenth those detectable by current machines. That might allow scientists to find black holes beyond the range thought to be prohibited by pair-instability supernovae; at high enough masses, stars should have a different collapse mechanism and be able to form black holes of 100 solar masses or more.

If scientists are lucky, gravitational waves might even let them access the physics of the big bang itself at epochs that are not observable by any other means. In the first instants of the universe, two fundamental forces—the electromagnetic force and the weak nuclear force—were indistinguishable. When these forces sepa-

“If we don't see something that we hadn't thought of, I'd be disappointed.” —*Rainer Weiss*

waves from pairs of supermassive black holes months before they merge and see the merger in enough detail to test general relativity with high precision. After years of operation, LISA could accumulate enough distant events for researchers to reconstruct the hierarchical formation of galaxies—how small ones combined to form larger and larger ones—in the universe's history.

On the ground, too, physicists are beginning some “grand new ventures,” Weiss says. A U.S. team envisions a Cosmic Explorer with 40-kilometre detecting arms—10 times as long as LIGO's—that would be sensitive to signals from events much farther away, perhaps across the entire observable universe.

The concept for the Einstein Telescope in Europe calls for a detector with 10-kilometre arms arranged in an equilateral triangle and placed in tunnels 100 metres or so underground. The quiet conditions there could help to broaden the observatory's reach to frequencies one-

rated, they might have produced gravitational waves that, today, could show up as a “random hiss” detectable by LISA, Schutz says. This hypothetical signal is distinct from a much longer-wavelength one from even earlier on, which might appear in the universe's oldest visible radiation: the cosmic microwave background. In 2014, a team reported that it had observed this effect with the BICEP2 telescope at the South Pole, but the researchers later acknowledged problems with that interpretation.

With the reopening of both LIGO and Virgo late this year, the next big discovery on Weiss's wish list is the signal from a collapsing star—something that astronomers might also observe as a type of supernova. But he has high hopes for what else might be on the horizon. “If we don't see something that we hadn't thought of,” Weiss says. “I'd be disappointed.”

This article is reproduced with permission and was first published in Nature on April 11, 2018.

Comprehensive Coverage
at Your Fingertips

BUY NOW

